

# HEALTH & WEALTH

To The nycoba NOMA Membership,

As we are all set to begin another year, nycoba NOMA wants to thank all its members who worked hard towards its growth. This is a new year greeting to an efficient and ever participating membership. Let your work continue to grow tenfold, as we embark on an important year for nycoba NOMA!



Thank you for the great honor and responsibility of electing me to serve you as president of nycoba NOMA for the next two years. On behalf of the Executive board, thank you for putting your trust in us, as we will work hard to provide opportunities for our membership to become more involved.

There is no greater gift than that of good health, and your continued dedication to serve as part of the world's change agents. During a New York City Department of Health & Mental Hygiene event last summer, some of our members got to hear Doctor's speak about the health risk posed on minority professionals. Separately we also got to take a tour of downtown Manhattan as part of the Black Gotham Experience and volunteer with the Sag Harbor Community, where we become more educated on a few approaches to how black wealth in New York City started. It was after a combination of all these experiences I realized that in order to be the best professionals we could be, we needed to equip ourselves with the Life Long tools to success. Therefore we will collectively explore ideas on how to approach Health and Wealth, as they work in conjunction with one another.

Along with our mission, we will host various programs that provide insight and resources available to make our contingency stronger mentally, physically, and financially.

Now is an exciting time, and as one of NOMA's largest chapters, nycoba NOMA once again embraces the responsibility of planning the 47th Annual NOMA International Conference & Exhibition in NYC!

The Executive Board welcomes all who are interested to attend our 2019 Planning Meeting on January 12th, at the J. Max. Bond Center. At this meeting you have an opportunity to meet the new Executive Board, Committee Co-Chairs, and participate in planning initiatives for the year. For more information please visit our [website](#).

Thank you again and we look forward to your participation in our events and a re-dedication to the values that brought us together.

Believe the Hype,

A handwritten signature in black ink that reads "S. Josaphat". The signature is fluid and cursive.

Samantha Josaphat, RA, NOMA, NCARB, LEED GA